

**May-Port CG Middle/High School**  
**900 West Main Street**  
**Mayville, ND 58257**  
**Ph. 788-2281 Fax 788-2959**  
**mayportcg.com**



**Our Mission is CLEAR**  
**Challenge ~ Learn ~ Empower ~ Assist ~ Respect**

***Have a safe and wonderful holiday with family and friends!***  
***School will begin again Tuesday, January 2, 2018***

By the time you receive this newsletter, we will have finished up for the holidays. We will reconvene on Tuesday, January 2, 2018. When we come back, we will have just two weeks before the end of the first semester. With the beginning of our 2nd semester, it brings a few changes in classes and, in a sense, a fresh start to another grading period. I have stressed to the students that before I allow any changes to schedules, they need to think about what is best for them and their future, not what is best for them in the moment. Planning and thinking about the future is a big step for all students. All we can do is to be there to help them along in this process. It is important for them to make those decisions and plans themselves. If they are going to make any schedule changes, they need to follow the procedures of filling out the paperwork, discussing it with their parents, and getting a signature before any changes will be allowed.

Something else that needs to be brought to your attention is the “Drag and Drop” mentality of so many of our students. It is unbelievable to see all of the stuff that is just left lying around by some of our students. There are entirely too many things that are left in the commons (both MS & HS), also in the gym and locker rooms. The dollar amount of the stuff left lying around would be staggering. Stress to your children to “Please take better care of their stuff”.

With that being said, I want to wish you a very Merry Christmas and a Happy New Year.

If you have any questions or concerns, please feel free to contact me at the school or by email.  
788-2281 ext. 222 email: [scott.m.ulland@may-portcg.com](mailto:scott.m.ulland@may-portcg.com)  
Scott M. Ulland, Principal  
May-Port CG Middle/High School

## JANUARY 2018 EVENTS

- 1/1 Mon. Happy New Year!  
No School
- 1/2 Tues. **School Resumes!**
- 1/3 Wed.
- 1/4 Thurs. JH GBB HCV @ PBJ 4:00/5:00  
GBB @ Drayton 6:00/7:30
- 1/5 Fri. WR @ C. Cass Tourn 4:00  
Hockey @ Bagley-Fosston 7:00
- 1/6 Sat. WR @ C. Cass Tourn. 10:00
- 1/7 Sun.
- 1/8 Mon. Jr. Bank Board 7:30 AM  
GBB Grafton here 4/5/6/7:30 (7th/8th (@PBJ)/JV/V)
- 1/9 Tues. JH BBB HN @ PBJ 4:00/5:00  
BBB @ Hatton 4:30/5:30/7:00 (C/JV/V)
- 1/10 Wed. FBLA CT mtg
- 1/11 Thurs. GBB @ Thompson 4/5/6/7:30  
Hockey KCC here 7:30
- 1/12 Fri. End 1<sup>st</sup> Semester  
WR Red River Showdown @ MPCG 4:30
- 1/13 Sat. Speech @ Valley City  
WR MPCG Inv. 10:00  
Varsity BBB/GBB @ Devils Lake
- 1/14 Sun.
- 1/15 Mon. Teacher In-Service; **No School**  
SCRUBS Day @ Mayville Sanford
- 1/16 Tues. WR Triangular here  
Hockey @ Morris Benson 7:00
- 1/17 Wed. FCCLA C mtg
- 1/18 Thurs. JH BBB @ HCV 4:00/5:00  
BBB DVE here 6:00/7:30
- 1/19 Fri. WR @ Lisbon Tourn.  
GBB Larimore here (JH@PBJ)4/5/6/7:30 (7th/8th/JV/V)
- 1/20 Sat. Speech @ Valley City  
WR @ Lisbon Tourn.10:00  
GBB/BBB Hatton/Northwood here 1:00/2:30/4:00
- 1/21 Sun.
- 1/22 Mon. Jr. Bank Board mtg. 7:30 AM  
BBB @ Grafton 4/5/6/7:30 (7/8/JV/V)
- 1/23 Tues. GBB @ North Border 6:00/7:30 (JV/V)  
C BBB HCV here 6:30  
Hockey @ Wahpeton-Breckenridge 7:00
- 1/24 Wed. FBLA BAD @ MSU
- 1/25 Thurs. BBB Thompson here 4:30/6/7:30(C/JV/V)  
JH BBB Thompson @ PBJ 4:00/5:00  
Hockey Red Lake Falls here 7:00
- 1/26 Fri. GBB @ Hatton 4/5/6/7:30 (7/8/JV/V)
- 1/27 Sat. Speech @ Barnes Cty North  
WR @ Larimore Tourn. 10:00  
BBB JV Tourn. @ Northwood 9:00  
Hockey Morris Benson here 2:00
- 1/28 Sun.
- 1/29 Mon. GBB @ Finley-Sharon 4:30/6:00/7:30 (8th/JV/V)  
JV BBB @ Northwood

- 1/30 Tues. GBB @ Larimore 4/5/6/7:30 (7/8/JV/V)
- 1/31 Wed. FBLA Emerging Leaders Day @ VCSU

## JANUARY 2018 MENUS

- 1/2 Chicken Nuggets, Rice, Green Beans, Pudding, Juice
- 1/3 Chili Crisпитos w/Enchilada Sauce, Chips & Salsa,  
Cheese, Lettuce, Pears \*25¢
- 1/4 Barbecues, Tater Tots, Baked Beans, Mandarin  
Oranges \*50¢
- 1/5 Pizza, Corn, Cottage Cheese, Peaches
- 1/8 Spaghetti w/Meat Sauce, Garlic Toast, Green Beans,  
Applesauce
- 1/9 Chicken & Biscuits, Glazed Carrots, Fudge-Stripe  
Dessert, Juice
- 1/10 Corndogs, Cheesy Hash Browns, Corn, Jello, Orange  
Slices \*25¢
- 1/11 Hamburgers, Cheese Slices, Potato Salad, Cake, \*50¢
- 1/12 Salad Bar, Vegetable Beef Soup, PBJs, Fruit
- 1/16 Taco Grinder, Chips & Salsa, Lettuce, Cheese, Pears
- 1/17 Chicken Alfredo & Rice, Green Beans, Peaches
- 1/18 Hot Dogs, Calico Beans, Chips, Strawberries \*25¢
- 1/19 Garlic French Bread, Spaghetti Sauce, Broccoli &  
Cauliflower, Chocolate Pudding \*25¢
- 1/22 Meatball Subs, Rice, Green Beans, Pineapple
- 1/23 Taco Salad, Corn, Mandarin Oranges
- 1/24 Beef Stew, Snowflake Rolls, Cheesecake, Juice
- 1/25 Chickenburgers, Escalloped Potatoes, Carrots,  
Applesauce \*50¢
- 1/26 Hamburger Tomato Hotdish, Corn, Raspberry  
Turnovers, Fruit
- 1/29 Chicken Wraps, Chips & Salsa, Pears \*25¢
- 1/30 Hard Shell Tacos, Cheese, Lettuce, Spanish Rice,  
Peaches
- 1/31 Hamburgers, Beans, Potato Salad, Pineapple \*50¢

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\* indicates 25 or 50 cents is charged for a second entre

Our cooks are Terry Elliott, Sharon Ramstad, and Joe Morowski.



## SENIOR PICTURES

Seniors, if possible, please send your color, upright, **head-and-shoulders picture** electronically to [stacy.hanson@may-portcg.com](mailto:stacy.hanson@may-portcg.com) OR [yearbook@may-portcg.com](mailto:yearbook@may-portcg.com), by April 1<sup>st</sup>, for the 2017-18 yearbook, the *Tribune* graduation tab, and the composite picture that will hang in the commons.



## WINTER WINDS MAY BLOW

With potentially dangerous winter weather possible it is especially important, for your child's safety that we communicate regarding his or her absences.

Please be sure to call the school office, 788-2281, ext. 0, if your child will be absent. You may also leave a message anytime of the day or night by pressing 100.

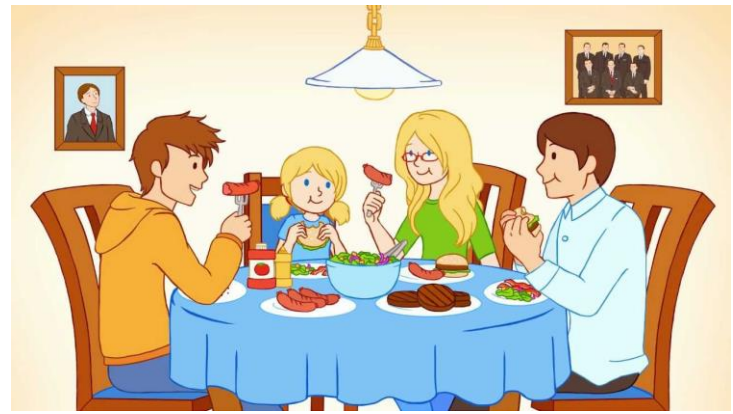
If you feel it best to keep your child home because of the weather, please just call and let us know. Also, don't hesitate to call if you would like to check to see that your child arrived at school safely.

To hear possible school closing announcements, listen to area television and radio stations.



*Never look down on anybody unless you're helping him up.*

*Jesse Jackson*



## Family Meals

Eating together gives parents and children a chance to chat about the day's events. It also strengthens family relationships. Whether you have time to cook or are picking up carryout on the way home from work, try to sit around the table and enjoy each other's' company while you eat.



## Health/Wellness Policy

The May-Port CG School District has had their first reading of their new District Health/Wellness Policy at the December School Board Meeting.

There will be discussion on this policy at a public meeting on Monday, January 8, 2018 at 6:30 pm in the High School Auditorium. We invite the public to look over the new policy and offer feedback at this meeting.

This new Policy can be found on our website. [www.mayportcg.com](http://www.mayportcg.com)

## SECTION 504 OF THE REHABILITATION ACT AND AMERICANS WITH DISABILITIES ACT

### Notice of Non-Discrimination

Applicants for admission and employment, students, parents, persons with disabilities, employees, and all unions or professional organizations holding collective bargaining or professional agreements with the May-Port CG School Dist. #14 are hereby notified that this school does not discriminate on the basis of race, sex, color, national origin, age or disability in admission or access to, or treatment or employment in, its programs and activities. Any person having inquiries concerning the school's compliance with the regulations implementing Title VI, Title IX, the Americans with Disabilities Act (ADA), or Section 504 is directed to contact:

Mr. Michael Bradner, Superintendent  
May-Port CG School District #14  
900 West Main St.  
Mayville, ND 58257  
(701) 788-2281

The Superintendent has been designated by the school to coordinate efforts to comply with the regulations regarding nondiscrimination.

## SAFE AND DRUG FREE SCHOOLS

Every year our school receives funds from the federal government to provide a safe and drug free environment for our students. We use the money to run our intramural program offering students healthy alternatives to occupy their time. We also use a portion of the funds to support counseling services for students who have been involved in unhealthy lifestyle choices. Staff members receive training at the annual Roughrider Conference in Medora to use their curriculum to teach students about choosing safe and healthy lifestyles. Curriculum items have been purchased for our classrooms to help meet our safe and drug free objectives. We have a committee that meets once or twice a year to generate new ideas to help our students make healthy lifestyle choices. Contact Scott Ulland at the high school if you would be interested in serving on this committee.

## More Nonfiction Reading

My son, Kevin, reads mostly fiction, but his language arts teacher said the class will read lots of nonfiction this year. The reason, she said, is to prepare students for high school, college, and careers, where "informational text" is important.

The teacher suggested a few ways to help at home. First, she said, we could leave the newspaper out and mention articles about topics that affect him. For example, I pointed out stories on road construction where he rides his bike, and on festivals we might attend.

Also, the teacher said to encourage our son to read nonfiction books about things he's interested in. The next time I went to the library, I brought home books about car racing and a biography of one of Kevin's favorite drivers. I was happy to see him reading rather than watching TV!

He even asked to go to the library to get a book about another driver. And when we were there, he picked up a few books on speed records and breaking the sound barrier.



8<sup>th</sup> Graders, **Sarah Sanders, Claire Lovro, Reagan McGillis, Lexie Morowski and Miracle Edwards**, relaxing in the Commons after lunch.